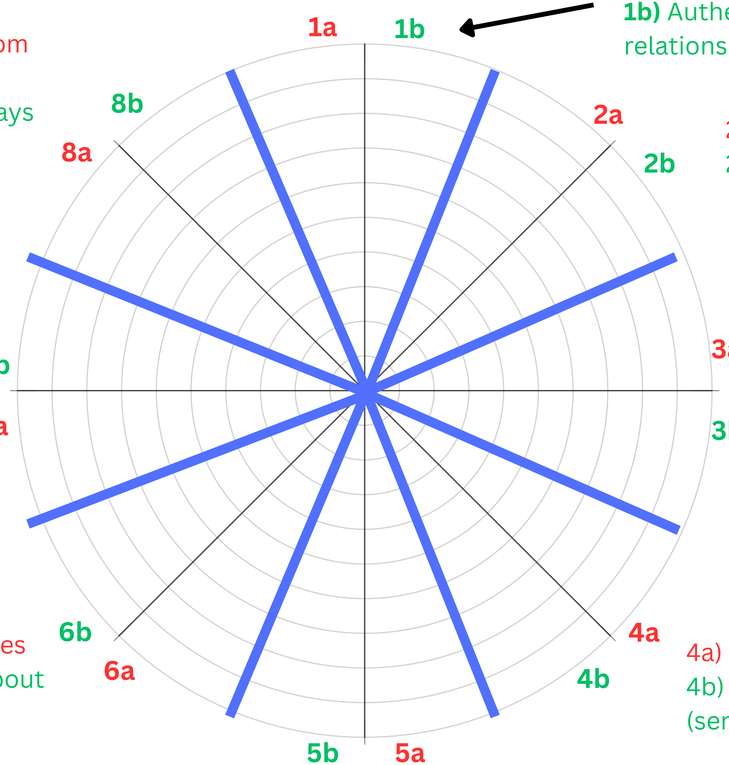
# Autism Wheel




**1a)** Struggles to connect in social situations
**1b)** Authentic and selective in relationships

2a) Dislikes sudden change
2b) Thrives on routine

3a) Has difficulty planning or prioritizing projects
3b) Excels when completing interest-based activities

4a) Emotionally fragile
4b) In-touch with emotions (sensitive)

5a) Misses social cues
5b) Values clear and direct communication

6a) Hyperfocused at times
6b) Highly passionate about interests

7a) Easily overwhelmed by certain smells, sensations, etc...
7b) Highly in-touch with environment

8a) Experiences burnout from constant masking
8b) Masks when needed, stays authentic to self

Adapted from the RAADS-14, AQ, and CAT-Q autism screeners

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